

Holy Trinity Catholic School - PE Winter Curriculum 2024-25

Year 7/8/9			Baseline 2 lessons	3 weeks	3 weeks	3 weeks	1 weeks moderation/ intra comp	3 weeks	3 weeks	3 weeks	3 weeks	3 weeks
	1	Boys		T.Tennis	Rugby	Netball	T. Tennis/football	Fitness	Basketball	Handball	Gymnastics	OAA
	2	Boys		Basketball	Rugby	Handball	T. Tennis/football	Netball	T.Tennis	Fitness	Gymnastics	OAA
	1	Girls		Fitness	Handball	Dance	Football/Dance	Badminton	Netball	Basketball	OAA	Gymnastics
	2	Girls		Netball	Badminton	Basketball	Football/Dance	Handball	Fitness	Dance	OAA	Gymnastics

Year 10 &11			4 weeks	4 weeks	4 weeks	4 weeks	4 weeks	4 weeks	4 weeks
	1	Boys	Football	T. Tennis	Basketball	Hockey	Handball	Fitness	Ultimate Fris
	2	Boys	T. Tennis	Football	Hockey	basketball	fitness	Handball	Football
	1	Girls	Handball	Basketball	Dance	Fitness	Netball	Badminton	Gymnastics
	2	Girls	Basketball	Handball	Fitness	Netball	badminton	Dance	Gymnastics

Field Astro Dance studio Hall Sports Hall Tarmac